

First Aid at Work course qualifies candidates to act appropriately and effectively when reacting to incidents and accidents within the workplace.

Course Summary

Certification: 

Duration: 3 DAYS

Valid for: 3 YEARS

Cost: £300 ex VAT **NON-MEMBER:** £390 ex VAT

First Aid at Work Course Details

The First Aid at Work course is designed to give successful candidates the skills to manage a range of injuries and illnesses that could occur at work and equip them with the essential skills needed to give emergency first aid. The course details the roles and responsibilities of a first aider in the workplace and covers a range of potential incidents including giving CPR and defibrillation, managing heart attacks, strokes or fits and dealing with injuries and wounds.

What's covered:

- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Heart Attack
- Stroke
- Choking
- Epilepsy
- Asthma
- Diabetes
- Anaphylaxis
- Shock



Head and spinal injuries
Chest injuries
Wounds and bleeding
Fractures
Sprains, strains and dislocations
Minor injuries
Burns and scalds
Poisoning
Eye injuries

Who should attend

This course is suitable for any individual wishing to take on the role of First Aider within the workplace - becoming the first point of contact when an incident occurs and dealing with manageable incidents on-site.

Course assessment and certification

The First Aider course is assessed with both a practical and multiple choice test.